



# THE BABYSITTER'S BACKPACK



## SAFETY AND BABYSITTING

### **BABYSITTING**

is not only caring for children, **but is also keeping them safe.**

### **BASIC SAFETY**

#### **Safety:**

- + Make sure all the doors and windows are locked when the parents leave
- + Know where the children are at all times
- + Be aware of your surroundings
- + Call the parents if you have any concerns

### **STRANGER SAFETY**

#### **Be aware:**

- + Don't answer the door while the parents are out.
- + Never invite a stranger inside the house.
- + Never tell a stranger you are the babysitter.
- + Call the parents if a stranger seems suspicious or keeps ringing the doorbell.

### **PHONE SAFETY**

#### **Phone Guidelines:**

- + If someone calls for the parents, be sure to say the parents are unavailable. Don't let the caller know the parents are out for the evening.
- + Don't say you are the babysitter.
- + Never give personal information out over the phone.
- + Don't let the caller know you are the babysitter.
- + Stay off your cell phone so you are engaged with the children.