



# THE BABYSITTER'S BACKPACK



WHEN TO  
CALL 911

## BABYSITTING

is not only caring for children, but is also keeping them safe.

## TALK TO PARENTS FIRST

### When you meet the family for the first time:

- + Find out if children have any medical conditions
- + Ask parents to write out an emergency plan
- + Be sure to go over Printables 2.1, and 2.2 before you babysit for the first time
- + Remember, it's important to prepare for an emergency before it happens!

## CALLING 911

### If any of these situations arise, call 911 immediately:

- + A child is choking
- + A child breaks a bone
- + A child is not responsive
- + A child receives a head injury
- + A child ingests any cleaning supplies
- + A child receives a severe burn
- + You feel the child's safety is in danger

## CALL THE PARENTS

### If you are unsure of what to do, call the parents. Some situations that may arise are:

- + A child begins vomiting
- + A child has been crying repeatedly for over half an hour
- + A child falls down and seems hurt, but you are not sure what to do
- + The power goes out and the children are afraid
- + A storm comes and something happens to part of the house

### Remember:

Attend a CPR and First Aid class before babysitting for the first time. Babysitting is a big responsibility and your job is to keep the family safe!