

# THE BABYSITTER'S BACKPACK



I GOT AN  
INTERVIEW!

## NOW WHAT?

FOLLOW THESE TIPS TO MAKE  
YOUR INTERVIEW THE BEST

### RESOURCES

[www.care4hire.com/tips/11-interviewing-for-a-babysitting-job](http://www.care4hire.com/tips/11-interviewing-for-a-babysitting-job)

[www.redcross.org/portal/site/en/menuitem.53fabf6cc033f17](http://www.redcross.org/portal/site/en/menuitem.53fabf6cc033f17)

### BEFORE

#### Keep it simple & professional

- + Low-key makeup
- + Wear dress pants and a nice shirt, or a modest skirt/dress.
- + Avoid shorts, low cut shirts, flip-flops, or anything with holes in it.
- + If you wear jewelry, keep it simple.

The idea is to keep them focused on YOU, not what you're wearing.

### DURING

- + Remember to smile and be friendly
- + Maintain eye contact
- + Answer confidently and be as specific as possible
- + Be yourself!
- + No chewing gum – before the interview, use a mint instead
- + Avoid using filler words: “um”, “like”, “you know”
- + Be cell phone free! Leave it at home or make sure it is on vibrate
- + Never badmouth other families – you can be honest about your experiences, but not negative

### AFTER

- + At the end of the interview, follow up with any questions you may have.
- + Ask the family to give you a timeline of when they will call you to let you know if you are hired.
- + Be sure to leave your resume and references with the parents before you leave.
- + Even if the family offers you the job immediately, take time to think about the interview and decide if this family is a good fit for you. It is a good idea to talk over the interview with your parents or guardian.
- + Even if you decide not to babysit for this family, follow-up with a thank you note. It's important to be professional throughout all the stages of the interview process, because your actions with one family can affect your interactions with another family.